

Patient name/ID sticker

## **ISCHEMIC STROKE PATIENT DAILY CHECK LIST**

### I. Review medications:

A. Anti-platelet being given?  Yes  No

- Anticoagulation should be held in most patients early on – see *Timing of initiation of OAC after ischemic stroke*

B. Anti-hypertensive agents held for (minimum) first 24-48 hours after stroke onset?  Yes  No

- Exceptions may be made in pts with AF, acute MI, CHF or other medical reasons to control BP

- BP should then be *gradually* reduced to <130/<80 with oral agents over several days

C. Statin being given?  Yes  No If not, why not: \_\_\_\_\_

D. Blood glucose controlled (goal 140-180)?  Yes  No

- Oral diabetic meds should be held & SQ insulin used to control BG. Titrate insulin if BG not at goal.

### II. Review work-up

A. **Vascular imaging** done?  Yes  No Specify:  CTA head and neck  MRA head and neck  carotid U/S

B. **MRI brain** or **repeat head CT** done?  Yes  No If not, why not: \_\_\_\_\_

C. Patient on **telemetry**?  Yes  No; Telemetry still indicated?  Yes  No

D. **TTE with bubble** done if indicated?  Yes  No **TEE** arranged with cardiology if indicated?  Yes  No

E. **Fasting blood glucose** done?  Yes  No If elevated, HbA1c checked?  Yes  No

E. **Lipid profile** done?  Yes  No Adjust statin dose if needed.

### III. Consults completed (check box if done and document date/time)

PT  OT  ST  Physiatry  Smoking cessation counseling  Nutrition  other: \_\_\_\_\_

### IV. General stroke care:

Can activity level be increased?

Aspiration precautions being followed?

Is the patient being fed? NGT should be placed in any stroke patient expected to be NPO for > 24 hours.

IVF appropriate? Check IV sites for signs of infection.

D/c Foley if in place

Patient having bowel movements? Adjust bowel regimen as needed.

Check for bed sores. Paretic limbs elevated? Heal protectors in place? Wound care needed?

VTE prophylaxis in place? See *VTE prophylaxis in stroke patients*

If INR needed, is it ordered for the morning labs?

### Prior to discharge:

A. Ischemic stroke education provided?  Yes  No

B. NIHSS and mRS documented on day of discharge?  Yes  No

C. Anticoagulation started or plan to start anticoagulation in place?  Yes  No

D. Follow-up arranged with:

PCP

Neurologist

Physiatrist

Interventionalist

Anticoagulation clinic if needed

E. Any issues delaying discharge? \_\_\_\_\_

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