

## Maine Stroke Alliance Meeting

August 8, 2019 ~ 9:30 – 11:30 am ~ MCD Public Health and via Zoom

### MINUTES

Present: Nate Morse (RHPC) Merica Tripp (RHPC), Tina Love (MCDPH), Rick Petrie (Atlantic Partners EMS), Deb Gregoire (MMC), Jane Morris (MMC), Stephanie Gagne (MaineHealth), Megan Parker (Midcoast Hospital), Gillian Gordon Perue (EMMC), Norm Dinerman (EMMC/LFOM), Angela Wheelden (EMMC), Hannah Huggins (MCD), Diane Campbell (MCD)

On Zoom/Phone: Kate Zimmerman (MEMS/MMC), Elizabeth Turcotte (CMHC), Abigail Egan (AHA), Dave McDermott (Mayo), Sharon Hartl (NERHP), Pete Tilney (CMMC/LFOM), Eileen Hawkins (PBMC)

Agenda Item	Discussion	Follow-up/ Recommendations
Welcome/Introductions	Introductions were made.	
Approval of Minutes	The minutes were reviewed and a motion was made and seconded to accept the April 23, 2019 minutes as written.	
Updates	<ul style="list-style-type: none"> <li>• <u>AHA Tristate Stroke Coordinator Mtg</u> Discussion regarding giving tPA in CT: Most people are not doing this, but striving to whenever possible. No other updates.</li> <li>• <u>AHA Tristate Med Dir Mtg</u> No updates.</li> </ul>	
CTA Survey (Jane)	<p>Jane proposes questions for upcoming CTA survey. This would help to gain an understanding of hospital use of CTA, organize a statewide system of care, reestablish contact, and serve as a brief follow-up of the 2017 Stroke Capability survey. Group was provided with a document of Proposed ME CTA Survey Questions (Sent with meeting agenda), which were read through together for any questions/comments.</p> <p><u>Comments on Question #2 (Select the hospital to whom you would send an acute stroke patient for possible thrombectomy)</u></p> <ul style="list-style-type: none"> <li>• There was a discussion about whether to add “when available” to NL EMMC option.               <ul style="list-style-type: none"> <li>○ Gillian provided some background: NL EMMC endovascular member is now on staff and will start doing emergency cases around Monday, 8/12/2019. Another new endovascular staff, Miguel Litaou, will be on-call 15 days/month during nights starting in September. EMMC is</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Tina will send out old (2017) survey summary</li> <li>• Members can select 5 or less key questions from 2017 that will be added to CTA survey.</li> </ul>

	<p>also working to train another endovascular physician, so they will have two working physicians by August 2020.</p> <p><u>Small additions and changes were made on other questions, which were recorded by Jane.</u></p> <p><u>Suggestion to add questions from 2017 survey to re-assess data.</u></p> <p><u>Abigail presented survey platform used by AHA, Qualtrax</u></p> <ul style="list-style-type: none"> <li>• Previously used by MA and NY to roll out their surveys.</li> <li>• If ME uses questions that are identical to MA and NY, Abigail/AHA will share a polished draft comparison of these states.</li> </ul>	<ul style="list-style-type: none"> <li>• Final survey will be created by Jane and sent to AHA, who will implement it into Qualtrax.</li> </ul>
ME EMS System conducting Stroke QI project	<p>Rick asks if there's anything that the group recognizes would be helpful to see within ME EMS QI project. Members would like to see:</p> <ul style="list-style-type: none"> <li>• How are they assessing Last Known Well?</li> <li>• Are they identifying a contact number?</li> <li>• Are they alerting receiving facility of their ETA?</li> </ul> <p>The information that EMS is able to query will not include new protocols, since these do not roll out until December. There is interest in doing another QI project after these roll out.</p>	<p>Contact Rick if you think of anything you would like to see in the EMS Stroke QI Project.</p> <p>Next meeting: Overview of pre-hospital protocols. Kate will send out to the group.</p>
Transfer Guidelines Checklist (Pete)	<p>Pete presented Transfer Guidelines Checklist to provide EMS a guideline to record what happened during transport, expectations to EMS Providers, and standardized information to share with receiving hospital. This Checklist was sent along with agenda items.</p> <p>The team brainstormed ideas for improving transportation, including creating a 1 pager that "floats with patient" through their transfer, certain medication training for EMS, designating a regional experienced nurse that assists with transfer, creating a protocol that identifies a person at each facility that will go on transfers, providing an educational program for EMS and ED nurses, and including a stroke kit on transfers.</p>	<p>Group agreed to create an Inter-Facility Workgroup to work on this project. Jane, Rick, Kate, Norm, and Pete have volunteered to participate.</p>
Stroke – Current State Presentation	<p>Stroke – Current State, presented by Gillian.</p> <p>Wonderful presentation of study investigating the epidemiology of strokes in ME using discharge data.</p>	<p>Future goal: To conduct a more robust data analysis prospectively and work towards state-</p>

		wide registry. May need another workgroup.
Other	<ul style="list-style-type: none"> <li>• <u>Website</u> A group convened and made some updates. Tina will send out link for website.</li> <li>• <u>Pulsara</u> An app that connects stroke team, includes data collection, scoring systems, and more.</li> </ul>	<u>Website:</u> Members: Review website and provide feedback of what providers from across the spectrum would want from the website  <u>Pulsara:</u> Tina offered to set up lunch meeting with a demo.
Next Meeting	Next meeting will October 22, 2019, from 9:30 to 11:30am – Classroom, Medical Care Development, Augusta and via Zoom. Please contact Hannah Huggins at hhuggins@mcd.org or 207-622-7566 ext. 224 with any questions regarding the group meetings.	