

## Maine Stroke Alliance (MSA) Minutes

July 18, 2023

Zoom

9:30 am-11:30 am

- Attendance

*MSA Board Members:* Laura Young (NERH), J. Sam Hurley (MEMS), Jane Morris (MMC), Brittany Lachance (MMC/SMHC), Deborah Gregoire (MMC), Angela Wheelden (NL-EMMC), Jason Scott.

*Committee Members:* Hunter Sweet (MMC), Brent Watson (Mayo), Norm Dinerman (EMMC/LFOM), Lori Allen (MCH), Eileen Hawkins (PenBay), Janet Keith (Rehab Without Walls).

*Guests:* Amander Wotten (Me Gen ED RN), Andrew Ehrhard (EMMC ED MD), Amanda Belleros (SMHC Stroke Champion), Samantha Frederick (AHA), Brian Chipman (MMC), Mindy Cook (AHA), Sarah Gaffney (BIAA), Eric Gordon (Tobacco Prevention & Control/CDC), Anne Dean (MMC), Dottie Carroll (Androscoggin Home Health & Hospice), Allison Perron-Drag (AHA), Ashley Moody (MEMS)

- Deliverables

Task	Responsible Party(ies)	Due Date
Membership Recruitment	All Members	ASAP
Articulation Document for Funding	Community Education and Primary Stroke Prevention Group	ASAP
Blog Post	All Members	ASAP

Agenda Item	Discussion
Welcome/Introductions	Introductions were made, and the mission statement was read.
Board Member Introduction	Maine Hospital Administrator – Laura Young (New England Rehab) Maine EMS Director – J. Sam Hurley Neurologist (2) <ul style="list-style-type: none"><li>• Jane Morris (MMC)</li><li>• Vacant</li></ul> Stroke Program Coordinator (2)

	<ul style="list-style-type: none"> <li>• Deborah Gregoire (MMC)</li> <li>• Angela Wheelden (NL-EMMC)</li> </ul> <p>Emergency Medicine Physician – Pete Tilney (CMMC)  Critical Care Provider – Brittany Lachance (SMHC/MMC)  Member of the Public – Jason Scott</p>
<p>Membership &amp; Chair Elections Update</p>	<p>Current open positions:  Small Hospital Administrator  Emergency Room Nurse  Public Health Rep/Educator  Large Hospital Administrator  Neurologist  Hospitalist  Prehospital Care Clinician  Stroke Coordinator (CMMC)</p> <p>Note from previous minutes to follow up on:  Kate is working with MHA to fill Small Hospital Administrator  Ashley is working with CDC to fill Public Health Rep/Educator</p> <p>Membership Composition</p> <ol style="list-style-type: none"> <li>1.) Current Director of Maine EMS – J. Sam Hurley (term does not expire)</li> <li>2.) Medical Director of Maine EMS – Matthew Sholl (term does not expire)</li> <li>3.) Hospital Administrators (3) - one from each as recommended by the Maine Hospital Association <ul style="list-style-type: none"> <li>• Small hospital (0-55 beds) - vacant</li> <li>• Medium hospital (56-110 beds) – Laura Young (NERH)</li> <li>• Large hospital (111 beds or greater) – vacant</li> </ul> </li> <li>4.) Maine Hospital Association Representative (1) – Sally Weiss (term does not expire)</li> <li>5.) Emergency Medicine Physician (2) – Pete Tilney (CMMC), John Comis (RFGH) (a physician actively participating in an Emergency Department in Maine, one representative from either a Comprehensive or Primary Stroke Center and one representative from an Acute Stroke Ready hospital or Critical Access Hospital)</li> <li>6. Neurologists (5) - actively involved with stroke care – Jane Morris (MMC), Hunter Sweet (MMC), vacant, vacant, vacant</li> <li>7.) Emergency Nurse (1) – vacant (actively practices in an emergency department in the state of Maine)</li> <li>8.) Hospitalist (1) – vacant (involved in the care of stroke patients in the state of Maine)</li> </ol>

	<p>9.) Critical Care Provider (1) – Brittany Lachance (MMC/SMHC) (care provider working in a critical care unit that admits stroke patients)</p> <p>10. Critical Access Hospital Representative (1) – Brent Watson (Mayo) (Health care provider who directly cares for or manages the care of stroke patients)</p> <p>11.) Stroke rehabilitation specialist (1) – Tom McOsker (NERH) (member of a rehabilitation team responsible for the post hospitalization care of stroke patients in the state of Maine)</p> <p>12.) Representative of Air Ambulance Services (1) – Norm Dinerman (EMMC) (representative from a Maine based air ambulance service)</p> <p>13.) Prehospital care clinician (2) – Vacant, Phillip MacCallum (Gorham) (actively practicing licensed EMS clinician in Maine affiliated with a Maine EMS licensed service, with preference that one of these clinicians be working in a rural community)</p> <p>14.) Stroke care system user (1) – Jason Scott (a member of the public, preferred to be a stroke survivor or a family member of a stroke survivor)</p> <p>15.) Stroke coordinators (5) – Deborah Gregoire (MMC), Angela Wheelden (EMMC), Lori Allen (Midcoast), Eileen Hawkins (PenBay), Vacant (CMMC) (these positions will be filled by an existing Stroke Coordinator from each of the Comprehensive Stroke Centers and Primary Stroke Centers in Maine. These terms do not expire. This number may increase if the number of Joint Commission certified Stroke Centers. Increase in the State of Maine)</p> <p>16.) Public Health Representative or Educator (1) - vacant</p> <p>17.) Chronic care representative (1) – Janet Keith (Rehab Without Borders)</p>
Approval of 05.24.2023 Minutes	Dr. Hunter Sweet motioned to approve the 05.24.2023 quarterly meeting minutes, with Dr. Jane Morris seconding. All members present voted in favor except for 2 abstentions as they were not present for May’s meeting.
Vacancies	<p>Large Hospital Rep – Dr. Steve Diaz resigned</p> <p>Hospitalist – Dr. Lora Jobe resigned</p> <p>Pre Hospital Care Clinician – one position currently open</p>
MSA Committees	<p>MSA Committees – open to any well-intentioned, qualified participant.</p> <p>1. Community Education and Primary Stroke Prevention Leader: Angela Wheelden/Deb Gregoire</p> <p>Primary Focus: Primary stroke prevention of the major drivers of stroke incidence (HTN, AF, smoking, lifestyle). Along with community and provider stroke education.</p>

Update: Currently meeting monthly. Made an assessment that education is lacking in many areas related to primary stroke prevention and want to provide and empower the people of Maine to be able to identify stroke symptoms and what to do when it occurs. Creating a flyer based on stroke identification and calling 911 both clinical and non-clinical. Looking at where there is a lot of foot traffic such as PCP offices, and DMV. Also, looking at providing standardized stroke education for the community in person such as schools and employers. Working on the next quarterly education series which this quarter is atrial fibrillation.

Funding Options: Entities within the State may be available. Need to articulate the request and Maine EMS can help assist in finding funding. In that request need to include what the plan is, estimated cost, time frames, and expected outcomes or perceived benefits.

## 2. Acute Stroke Care: Prehospital and Emergency Department

Leader: Kate Zimmerman

Primary Focus: Identification and appropriate destination for suspected stroke patients. Along with defect-free acute stroke care from first medical contact.

Update: Dr. Jane Morris provided an update on behalf of Dr. Kate Zimmerman. The group met in July. Finalized EMS call in quick sheet and posted to the MSA website. Assisted Dr. Tilney in drafting a white paper for MEMS on posterior circulation strokes. Continued work on the FAST-ED education for the MEMS learning management system. Working on QI checklists for services related to stroke care and working on direct-to-CT program guidance for hospitals/EMS to establish their own programs. A blog was posted in May about direct-to-CT information.

## 3. Subacute Stroke Care: Hospital Care

Leader: Currently vacant

Primary Focus: Optimal inpatient stroke care, prevention of acute complications of stroke, and initiation of optimal secondary stroke prevention strategies.

Update: No update.

## 4. Chronic Stroke Care: Rehab & Community Integration

Leader: Laura Young

	<p>Primary Focus: Recovery and reintegration following stroke, prevention of long-term complications of stroke, and monitoring and maintenance of secondary stroke prevention strategies.</p> <p>Update: Was successful in getting the community stroke support group and have held 2 additional meetings since the last MSA meeting. Meetings are held at New England Rehab 1<sup>st</sup> Monday of the month from 5:30-6:30. Also, trying to increase the connections with the Maine Brain Injury Association and their neuro resource facilitator program to help identify patients who have limited family or support systems.</p> <p>5. Stroke Data, Research, Technology &amp; Innovation Leader: Brittany Lachance</p> <p>Primary Focus: Creation and maintenance of a statewide stroke registry, expansion of Tele Health, Public Health Research, and innovations in stroke care (ex: website development, app for tracking post-stroke care)</p> <p>Update: Meeting last month with the primary focus of establishing a statewide stroke registry. This has been met with many challenges including but not limited to hospital buy-in, resources needed to record and upload the data. Looking at the possibility of the Superuser account with the AHA's Get with the Guidelines. Recognizing that this would only reflect hospitals that are participating with GTWG, but it would be a start.</p>
American Heart Association Rural Health Care Outcomes Accelerator	<p>Update: Maine currently has 13 overall hospitals currently participating with the GTWG, 11 are rural hospitals.</p>
Legislation to Improve Stroke Prevention	<p>Dr. Morris is meeting with the Maine Health Government Affairs Director in the near future. Overall, the MSA needs more engagement from the Maine Hospital Association (Allyson Perron-Drag from AHA will reach out to the MHA to see if there can be greater involvement and investment and the Maine Department of Public Health.</p>
Blog Posts	<p>Need to ensure that the MSA Website remains active and does not become stale.</p>
Next Board Meeting	<p>Next Board Meeting date is <b>October 16, 2023 from 9:00-10:00</b> via zoom</p>
Next Quarterly Meeting	<p>Next meeting date is 9:30am-11:30 am on <b>October 24, 2023 from 9:30-11:30</b> via Zoom. Please contact Kate Zimmerman at <a href="mailto:zimmek1@gmail.com">zimmek1@gmail.com</a> or Ashley Moody at <a href="mailto:ashley.n.moody@maine.gov">ashley.n.moody@maine.gov</a> with any questions regarding the group meetings.</p>

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Minutes submitted August 11, 2023 by ANM

Approved on October 24, 2023